Job Title: Lived Experience Researcher 18-25 Service

Line Management: Training and Crisis Alternatives Manager/EPUT Senior Practitioner Psychologist

Location: Harlow

Hours: Full time 37.5 hours per week (Occasional out of office hours) –6 month fixed term contract

Salary: £10.67 per hour

Mind in West Essex is a mental health charity. We are an independent organisation affiliated to Mind (the National Association for Mental Health) an organisation with which we share common values and principles. We aim to support people affected by mental ill health through the provision of a range of community based services within the West Essex area.

Purpose of the Job

To support a Diversity Inclusion project for the 18-25 Mental Health Service by taking part in a scoping exercise. To engage with diverse and marginalised groups in the community to understand / learn about better engagement with these groups and make access to mental health services easier and smoother. You will be expected to find ways of connecting with organisations and individuals from these groups and gather information by means of semi-structured interviews, focus groups, and social media campaigns. You will be working closely with a peer from Essex Partnership University Foundation Trust to deliver this project.

Key Responsibilities:

Please note that this role outline serves to provide an illustrative example of the duties and responsibilities you may be expected to undertake during the course of your normal duties. It is not an exhaustive list and you will therefore be required to undertake other responsibilities and duties that are considered to be commensurate with the role.

* With support develop a structure for engagement in the community with individuals and organisation of diverse and marginalised groups in the 18-25 age range.
* Gather data through a semi-structured interviews with regards engagement with Mental Health services
* Develop/maintain a database with the information gathered
* Produce and present an end of project report with the information gathered.
* Jointly and individually ensure the service meets the agreed performance / contractual targets and adheres to local and government initiatives
* Contribute to maintaining databases (e.g. service user database, research record etc.) and writing reports
* Support the delivery of training where appropriate for other professionals
* Assist in service development reviews
* Assist in audits

**PERSON SPECIFICATION**

|  |
| --- |
| **Essential Criteria:**  Personal Lived Experience of mental health challenges  Age range 18-25  Good standard of written and spoken English  Excellent communication skills, including the ability to make people feel at ease  Excellent organisational/time management skills  A positive, flexible and creative approach to problem solving.  Able to maintain accurate and concise records  Self-motivated with the initiative and ability to manage a varied workload  Attention to detail  Good IT skills e.g. Microsoft Word/Excel, Google docs with the willingness to undertake training to use other systems  Ability to work flexibly (some out of hours work required)  The ability to work on own initiative but be part of the Mind in West Essex team, attending meetings and contributing to team decision making.  Ability to work collaboratively with partner agencies on this project.  Willing to actively engage in regular supervision, appraisal and training appropriate to the role  The ability to demonstrate a passion for helping people move towards improved wellbeing.  Current driving licence and/or ability to travel throughout West Essex.  **Desirable Criteria**;  Knowledge or experience of mental health problems personal or professional.  Empathy with, and a good understanding of the many needs of vulnerable people  Experience of working with people in a support capacity.  Knowledge of support services and organisations across West Essex. |