

Quiz Answers

1. C
2. A - Many believe that people with schizophrenia are likely to commit violence – however, most people with schizophrenia do not commit violent crimes, and are more likely to be victims of violence than perpetrators. Similarly, there is a common misconception that schizophrenia leads people to have split personalities, when this is not the case. In reality, schizophrenia's most common symptoms are hallucinations, delusions and hearing voices.
3. C
4. C - Research shows that up to 90% people with mental health problems experience some form of stigma, whether from friends and family, at work, in education or during treatment.
5. B
6. A - Norwegian Prime Minister Kjell Magne Bondevik announced in 1998 that he was experiencing a depressive episode and took three weeks of sick leave before returning to office. Bondevik said he received thousands of supportive letters
7. B - About two thirds of people with mental health problems believe that long hours, unrealistic workloads or bad management either caused or exacerbated their condition.
8. C - A survey showed that 60% of people with a mental health problem waited over a year to tell the people closest to them about it.
9. C - Churchill lived with depression that he described as his "black dog".
10. B
11. A - Before 2013, people who had been sectioned for more than 6 months were not eligible to be elected as a Member of Parliament. In addition, before the Act became law, people currently receiving treatment for mental health problems could not serve on juries, and company directors could be removed because of a mental illness.
12. C
13. A - Obsessive-compulsive disorder is one of the most misunderstood mental illnesses - many people believe that OCD is a character trait that encourages cleanliness and order. In reality, it's a mental illness based on obsessions and compulsions that can have a serious impact on the people that experience it. Around 1% of the population will experience OCD.
14. C
15. B